PATIENT SYMPTOM SURVEY

Patient Name: _____ Date: _____

PLEASE CHECK YOUR PAST & PRESENT SYMPTOMS SO WE CAN BETTER EVALUATE YOUR PROBLEM

GENERAL
PAST NOW
- ☐ ☐ fatigue
- ☐ ☐ sleep problems
- ☐ ☐ swollen glands
- ☐ ☐ hot or cold intolerance
- ☐ ☐ frequent headaches
- ☐ ☐ weight loss
- ☐ ☐ weight gain
- ☐ ☐ fever or chills
- ☐ ☐ allergies

NERVOUS SYSTEM
- ☐ ☐ dizziness
- ☐ ☐ blurred vision
- ☐ ☐ fainting
- ☐ ☐ paralysis
- ☐ ☐ tremors
- ☐ ☐ numbness/tingling
- ☐ ☐ convulsions
- ☐ ☐ imbalance
- ☐ ☐ memory loss
- ☐ ☐ muscle weakness

URINARY
- ☐ ☐ painful urination
- ☐ ☐ frequent urination
- ☐ ☐ hard to urinate
- ☐ ☐ incontinence
- ☐ ☐ bed wetting
- ☐ ☐ discolored urine
- ☐ ☐ frequent infections
- ☐ ☐ prostate problems
- ☐ ☐ unusual discharge

HEAD
- ☐ ☐ headache
  - ☐ entire head
  - ☐ back of head
  - ☐ forehead
  - ☐ temples
  - ☐ migraine
- ☐ ☐ head feels heavy
- ☐ ☐ loss of memory
- ☐ ☐ light-headedness
- ☐ ☐ fainting
- ☐ ☐ light bothers eyes
- ☐ ☐ loss of smell
- ☐ ☐ loss of taste
- ☐ ☐ loss of balance
- ☐ ☐ dizziness
- ☐ ☐ loss of hearing
- ☐ ☐ pain in ears
- ☐ ☐ ringing in ears
- ☐ ☐ buzzing in ears

NECK
- ☐ ☐ pain in neck
- ☐ ☐ neck pain with movement
- ☐ ☐ pinched nerve in neck
- ☐ ☐ neck feels out of place
- ☐ ☐ stiff neck
- ☐ ☐ muscle spasms in neck
- ☐ ☐ grinding sounds in neck
- ☐ ☐ grating sounds in neck
- ☐ ☐ popping sounds in neck
- ☐ ☐ arthritis in neck

EMOTIONAL
PAST NOW
- ☐ ☐ anxiety or worry
- ☐ ☐ frequent crying
- ☐ ☐ anger
- ☐ ☐ tension
- ☐ ☐ mood swings
- ☐ ☐ fear
- ☐ ☐ restlessness
- ☐ ☐ confusion
- ☐ ☐ depression
- ☐ ☐ suicidal

REPRODUCTIVE SYSTEM
- ☐ ☐ painful intercourse
- ☐ ☐ prostate problems
- ☐ ☐ sexual problems
- ☐ ☐ loss of sex drive
- ☐ ☐ genital infections

  Birth Control Method _____

WOMEN ONLY
- ☐ ☐ cramps
- ☐ ☐ PMS
- ☐ ☐ irregular periods

  Are you Pregnant? ☐ Yes ☐ No

  date last period _____

  # of pregnancies _____

  # of miscarriages _____

  # of abortions _____

  date last PAP _____
- ☐ ☐ difficult labor
- ☐ ☐ breast problems

LOW BACK
- ☐ ☐ low back pain

  Low Back pain is worse when:
  - ☐ working
  - ☐ lifting
  - ☐ stooping
  - ☐ standing
  - ☐ sitting
  - ☐ bending
  - ☐ coughing
- ☐ ☐ pinched nerve in low back
- ☐ ☐ slipped disk
- ☐ ☐ low back feels out of place
- ☐ ☐ muscle spasms
- ☐ ☐ arthritis

MID BACK
- ☐ ☐ mid back pain
- ☐ ☐ pain between shoulder blades
- ☐ ☐ sharp stabbing pain/midback
- ☐ ☐ muscle spasms

CHEST
- ☐ ☐ chest pain
- ☐ ☐ shortness of breath
- ☐ ☐ pain around ribs

EENT
PAST NOW
- ☐ ☐ earache
- ☐ ☐ ear discharge
- ☐ ☐ ringing in ears
- ☐ ☐ hearing loss
- ☐ ☐ nosebleeds
- ☐ ☐ hoarseness
- ☐ ☐ problems swallowing
- ☐ ☐ sore throat
- ☐ ☐ jaw tight or sore
- ☐ ☐ dental problems
- ☐ ☐ glasses/contacts

MUSCULOSKELETAL
- ☐ ☐ joint swelling
- ☐ ☐ muscle cramps
- ☐ ☐ neck pain
- ☐ ☐ shoulder pain
- ☐ ☐ tennis elbow
- ☐ ☐ arm pain
- ☐ ☐ hand sensations
- ☐ ☐ loss of grip
- ☐ ☐ midback pain
- ☐ ☐ rib pain
- ☐ ☐ low back problems
- ☐ ☐ hip pain
- ☐ ☐ foot problems
- ☐ ☐ leg cramps
- ☐ ☐ knee pain
- ☐ ☐ ankle weakness
- ☐ ☐ tingling foot

SHOULDERS
- ☐ ☐ pain in shoulder joint
- ☐ ☐ pain across shoulders
- ☐ ☐ bursitis (R-L)
- ☐ ☐ arthritis (R-L)
- ☐ ☐ Can't raise arm:
  - ☐ above shoulder level
  - ☐ over head
- ☐ ☐ tension in shoulders
- ☐ ☐ pinched nerve in shoulder
- ☐ ☐ muscle spasms in shoulders

ARMS & HANDS
- ☐ ☐ pain in upper arm
- ☐ ☐ pain in forearm
- ☐ ☐ pain in hands
- ☐ ☐ pain in fingers
- ☐ ☐ pinched nerve in arm
- ☐ ☐ pinched nerve in fingers
- ☐ ☐ pins & needles in arms
- ☐ ☐ pins & needles in fingers
- ☐ ☐ fingers go to sleep
- ☐ ☐ hands cold
- ☐ ☐ swollen joints in fingers
- ☐ ☐ arthritis in fingers
- ☐ ☐ loss of grip strength

HEART/LUNG
PAST NOW
- ☐ ☐ chest pain
- ☐ ☐ high blood pressure
- ☐ ☐ low blood pressure
- ☐ ☐ persistent cough
- ☐ ☐ hard to breathe
- ☐ ☐ coughing blood
- ☐ ☐ coughing phlegm
- ☐ ☐ irregular heartbeat
- ☐ ☐ varicose veins
- ☐ ☐ ankle swelling

GASTROINTESTINAL
- ☐ ☐ change in appetite
- ☐ ☐ thirst
- ☐ ☐ nausea
- ☐ ☐ vomiting
- ☐ ☐ diarrhea
- ☐ ☐ constipation
- ☐ ☐ gas
- ☐ ☐ hemorrhoids
- ☐ ☐ gall bladder
- ☐ ☐ belching
- ☐ ☐ heartburn
- ☐ ☐ abdominal pain
- ☐ ☐ bloody/black stools
- ☐ ☐ indigestion
- ☐ ☐ liver trouble

SKIN
- ☐ ☐ easy bruising
- ☐ ☐ dry skin
- ☐ ☐ itching
- ☐ ☐ boils
- ☐ ☐ rashes
- ☐ ☐ excessive sweat
- ☐ ☐ hair changes

HIPS, LEGS & FEET
- ☐ ☐ pain in buttocks (R-L)
- ☐ ☐ pain in hip joint (R-L)
- ☐ ☐ pain down leg (R-L)
- ☐ ☐ pain down both legs
- ☐ ☐ leg cramps
- ☐ ☐ pins & needles in legs
- ☐ ☐ numbness of leg (R-L)
- ☐ ☐ numbness of feet (R-L)
- ☐ ☐ numbness of toes
- ☐ ☐ feet feel cold
- ☐ ☐ cramps in feet (R-L)
- ☐ ☐ swollen ankles (R-L)
- ☐ ☐ swollen feet (R-L)
- ☐ ☐ painful joints in toes
- ☐ ☐ pain in foot (R-L)
- ☐ ☐ pain in knee (R-L)

GENERAL
- ☐ ☐ nervousness
- ☐ ☐ irritable
- ☐ ☐ depressed
- ☐ ☐ fatigue
- ☐ ☐ generally feel rundown
- ☐ ☐ loss of sleep
- ☐ ☐ loss of weight